



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Connecticut Valley Chapter

JANUARY

MONTHLY OBSERVANCES

National Bath Safety Month
National Blood Donor Month
National Slavery & Human
Trafficking Prevention Month
National Glaucoma Awareness
Month

OSHA Top 10 Cited Violations 2018

1. Fall Protection (1926.501)
2. Haz. Comm. (1910.1200)
3. Scaffolding - General Requirements (1926.451)
4. Respiratory Protection (1910.134)
5. Control of Hazardous Energy - LOTO (1910.147)
6. Ladders (1926.1053)
7. Powered Industrial Trucks (1910.178)
8. Fall Protection - Training Requirements (1926.503)
9. Machine Guarding- General Requirement (1910.212)
10. PPE and Lifesaving Equipment - Eye and Face Protection (1926.102)

CONVERSATIONS MATTER



I.N.S.P.I.R.E.

Giving critical feedback isn't easy. Every good feedback conversation has to accomplish three goals:

1. Draw attention to the issue
2. Create a two-way dialogue about it
3. Inspire & confirm commitment to new behavior

Through short, specific conversations about what must change, leaders turn negative feedback conversations into engaging accountability talks. These talks preserve and possibly enhance the health of the relationships with the people they lead.

• **INITIATE** the conversation in a respectful manner. "Can we talk about what happened with XYZ?" or "I need to talk to you today." Initiate accountability conversations as close as possible to the moment of concern. Don't wait days to have the conversation.

• **NOTICE** is a word to use to focus on concrete behaviors/evidence. Share your concern or





CT Science & Engineering Fair

REQUEST FOR VOLUNTEER JUDGES TUES MARCH 12th

Commitment at Quinnipiac: sign in, sit through a briefing with breakfast snacks served, walk the floor & judge the projects; meet at an appointed time/place to determine our Chapter's winners, drop off reporting forms & award check to the Science Fair staff - enjoy the provided lunch, and depart. Arrival at 7:30 am departure approximately 2 pm.

Our judging criteria:

Use of good science as applied to the protection of people, property and the environment, or projects in which good safety practices were used.

Consistent with other academic competitions, a quick basic background check for Criminal Records and National Sex Offender Registry Records will be performed & takes less 5 mins. Cost will be covered by the fair.

If you are interested in volunteering please contact Nate Fague via email ASAP
nathanfague@gmail.com

observation. Describe the scene “ I’ve noticed that you....” You cannot notice an attitude; you can only notice a behavior.

- SUPPORT** the criticism by providing specific, supporting evidence of the behavior you’d like to change. “I asked you to do XYZ by blah blah date, but it has not been completed.”

- PROBE** to gain a more thorough understanding of the whole scene & what must happen next. Ask a question in a neutral curious tone to allow the other person a chance to talk. “What’s going on?” or “Why did you miss the deadline?”

- INVITE** the person to solve the solve the issue. Start with a review of the expectations and ask for their thoughts on how to resolve the problem. If they do not have any ideas, you can provide specific suggestions. You may discover that people may need more training about how to manage their emotions, energy, and time effectively.

- REVIEW** the conversation to check for understanding. Assure that your message and solutions were interpreted correctly and have them recap the commitment.

- ENFORCE** the behavior & show confidence in the person. “I am confident that you can do this.”

Many people avoid important performance conversations because they are afraid or don’t know how to have a tough conversation. When feedback is too vague, behaviors rarely change. When feedback is delivered in a manner that is easier to hear, it is more likely to lead to sustained behavior change. Getting better at the art of the tough conversation will lead to stronger results and more trusting and productive relationships.



CAPTION CONTEST

The object of the contest is to write the funniest “safety related” caption to accompany the Safety Photo of the Month.

JANUARY’s Photo in need of a caption:



© Laura Casey 2018

Submissions should be emailed to Laura Casey and place “Caption Contest” in the subject : casey@safeconsolutions.com

Each month one winner will be chosen from the entries. At year end, we will have a voting session to allow our membership to vote and choose the best caption of the 12. The year end winner will win a prize and bragging rights. Please submit appropriate language only. Voting closes on the last day of the month and the winner will be announced in the next newsletter.





The Bottom Line

2019 is here! As we begin the new year, please take note of these last few items:

- Be on the look out for a 5 minute survey regarding chapter business and ideas
- Request for interest - technical meeting in Beacon Falls/Naugatuck, CT - April 2019 please drop an email showing interest to Laura Casey casey@safeconsolutions.com

As always, please send me any ideas you may have on places to hold a meeting (i.e. southern CT) or sites you may want to visit. edzimmer.csp@gmail.com

Bottom line: Welcome to 2019!

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