

#### AMERICAN SOCIETY OF SAFETY PROFESSIONALS

**Connecticut Valley Chapter** 

#### **OCTOBER**

MONTHLY OBSERVANCES National Breast Cancer Awareness Month National Substance Abuse Prevention Month Protect Your Hearing Month Fire Prevention Week (6-12th) Columbus Day (14th) White Cane Safety Day (15th) Halloween (31st)

#### **Comments Closing**

The public comment period for the proposed revision of ANSI/ISEA Z87.1, American National Standard for Occupational and Educational Personal Eye and Face Protection Devices is now open until September 30, 2019. Public review comments should be submitted to Cristine Fargo, Vice President, Operations for the International Safety Equipment Association.

To order a copy of the standard under consideration, go to International Safety Equipment Association webpage. There is \$40 charge for the public review copy. National Breast Cancer Awareness Month

Time for your mammogram?

healthfinder.gov

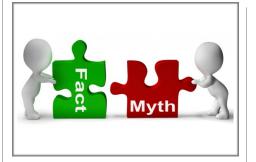
## **Breast Cancer**

Breast cancer is one of the most common kinds of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that most people can survive breast cancer if it's found and treated early. A mammogram - the screening test for breast cancer - can help find breast cancer early when it's easier to treat.

1 IN 8 WOMEN in the United States will develop breast cancer in her lifetime.





# Hearing Loss Myths

Myth1: My doctor will tell me if have hearing loss. False. Only around 1 in 10 doctors check for hearing loss. When was the last time your doctor asked you to participate in a hearing test. Unless you ask about it, your primary doctor will most likely not identify any changes in your hearing.

Myth 2: My hearing loss won't affect my overall health. False. As a primary factor in our ability to communicate, hearing loss has been found to lead to social isolation and depression. In turn, hearing impairments can also increase your chances of acquiring dementia.

Myth 4: Hearing loss is anormal part of aging. False. Age related hearing loss has the\_ potential to begin as early as 30 and will impact most of us by the age of 80.

Myth 5: Hearing loss cannot be prevented. False. Noise induced hearing loss is preventable. taking measures to protect your hearing, such as wearing hearing protection in noisy environments. National Breast Cancer Awareness Month is a chance to raise awareness about the importance of finding breast cancer early. Make a difference! Spread the word about mammograms, and encourage communities, organizations, families, and individuals to get involved.

### **Myths About Breast Cancer**

• Myth: Drinking milk (or dairy) causes breast cancer

- Myth: Finding a lump in your breast means you have breast cancer
- Myth: Men do not get breast cancer; it affects women only
- Myth: A mammogram can cause breast cancer to spread
- Myth: If you have a family history of breast cancer, you are likely to develop breast cancer, too
- Myth: Breast cancer is contagious

• Myth: If the gene mutation BRCA1 or BRCA2 is detected in your DNA, you will definitely develop breast cancer

#### Facts

In 2019, an estimated 268,600 new cases of invasive breast cancer will be diagnosed in women in the U.S. as well as 62,930 new cases of non-invasive (in situ) breast cancer.

62% of breast cancer cases are diagnosed at a localized stage, for which the 5-year survival rate is 99%.

This year, an estimated 41,760 women will die from breast cancer in the U.S.



Although rare, men get breast cancer too. The lifetime risk for U.S. men is about 1 in 1,000.

An estimated 2,670 men will be diagnosed with breast cancer this year in the United States and approximately 500 will die.

There are over 3.5 million breast cancer survivors in the United States.

On average, every 2 minutes a woman is diagnosed with breast cancer in the United States.

Female breast cancer represents 15.2% of all new cancer cases in the U.S.

Breast cancer is the most common cancer in American women, except for skin cancers.

## FIRE

Did you know there are more than one million fires reported in the U.S. every year? These fires caused thousands of deaths and injuries - and billions of dollars in property damage - that could have been prevented.

With the National Fore Protection Association (NFPA) observing Fire Prevention Week October 6th - 12th, now is a great time to remind your employees about fire hazards in the workplace and what to do in case of a fire.

Building type	Total	Accidental	Deliberate
Total	15,815	11,251	4,564
Offices and call centres	601	501	100
Retail premises	1,725	1,422	303
Industrial premises	2,112	1,883	229
Agricultural premises	552	411	141
Hospitals and medical care	656	457	199
Education premises	686	549	137
Food and drink premises	1,621	1,431	190
Entertainment, culture and sport	568	397	171
Hotels, boarding houses, hostels etc.	596	496	100
Communal living	1,213	1,072	141
Private non-residential buildings	3,183	2,096	1,087
Other public buildings	2,023	413	1,610
Unspecified	279	123	156

#### Primary Fire Statistics - 2016/2017



# **CAPTION CONTEST**

The object of the contest is to write the funniest "safety related" caption to accompany the Safety Photo of the Month.

Congratulations to Michael Stanczys for the winning submission: "Look Mal No Brains!!"

Thank you for your entry and your humor.

The Photo in need of a caption for October is:





Submissions should be emailed to Laura Casey and place "Caption Contest" in the subject : <u>casey@safeconsolutions.com</u>

Each month one winner will be chosen from the entries. At year end, we will have a voting session to allow our membership to vote and choose the best caption of the 12. The year end winner will win a prize and bragging rights. Please submit appropriate language only. Submissions have decreased - PRIZE & BRAGGING RIGHTS!!! Join Us!



# HABBUWEEN SAFETY By the Numbers

were related to pumpkin carving activities. An estimated total of 4,500 Halloween related injuries from October through November 2017.

were due to falls while putting up or taking down decorations, tripping on costumes, or just walking while prick-or-treating.

of the injuries included lacerations, ingestions, and other costume, pumpkin or decoration related injuries.

were due to allergic reactions or rashes.

www.CPSC.gov

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#### The Bottom Line - By Ed Zimmer

Great tour at Colt last week (Sept 26), thanks Henry Poulin!

The weather is getting cooler, so watch for fog in the early morning commute, as well as frost.

Be sure to watch the website for more info on the upcoming Chapter meetings as well as the Region 8 PDC in Southbridge November 12-13. Be sure to register and earn some CEU's! <u>https://region8.assp.org/neapdc/</u>

Working on a meeting at Mystic Aquarium in December. A talk and tour of Lego is in January, and a talk & tour of Legrand in West Hartford CT in February.

As usual...if you have any ideas or wish to volunteer your facility to host a meeting or tour, feel free to contact myself at <u>edzimmer.csp@gmail.com</u>. It seems that the lunchtime Friday events get a consistent turnout, so I would like to continue that.

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