

Member Spotlight! Meet Kristin Monfette



What inspired you to pursue a career in occupational safety and health, and how did you get started in the field?

I come from a long line of hardworking tradespeople and grew up seeing my family suffer through work-related injuries and illnesses. When my career began, I was working for a mechanical contractor that did a lot of industrial piping. This work exposed the crews to many hazards in the chemical and manufacturing industries. Watching hard-working people put themselves at risk every day to provide labor for the benefit of others makes you realize that they deserve better. So many tradespeople get to retirement, only to suffer debilitating injuries or illnesses because of the work they devoted their lives to. They deserve to go to work, know and understand the hazards they are exposed to, have the right tools and PPE for the job, and be able to do their jobs safely. "What can I do to protect people on the job?" is the question that drives me every day.

Can you share a specific event, connection, or resource from ASSP that made a difference in your career?

I have found the PDCs to be great events, providing exceptional educational and networking opportunities.

Do you have a favorite quote that guides you?

"Give a man a fish, feed him for a day; teach a man to fish, feed him for a lifetime"
~Unknown. I believe educating people, specifically in "safety," is the key to keeping them safe. I have always hated the term "safety cop." My responsibility is not to police but to educate on the why and how to work safely.

Where would you most like to travel and what draws you there?

Everywhere! Traveling has become a goal. I feel truly blessed to be able to travel, see amazing places and immerse myself in other histories and cultures.

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NEWSLETTER

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AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Connecticut Valley Chapter

As a CT Valley ASSP member, you will elevate your career, gain knowledge, tools and resources to prevent worker injuries, illnesses and fatalities, help improve your company's performance, and become part of a vibrant community of more than 300 safety professionals working together for a safer, stronger future.

Welcome New Members!

ASHLYN ALTHOFF
OWEN CANDITO
DANIEL CANTAFI
LUKE FESTA
RICHARD GROVES
RYAN LANGELLO
LUKE MAURI

SHANE QUINN
DANIEL REILLY
BRYAN RUCK
JASON BALLETO
ANDREW BROWN
DANNY SMITH
TRACEY STANCIL

UPCOMING EVENTS

OCTOBER

CONN-OSHA Presents Electrical Safety
WHERE: Online & In-person (Hartford, CT)
WHEN: Tuesday, Oct. 28, 1130AM - 130PM

NOVEMBER

New England Area PDC
WHERE: Sheraton, Nashua NH
WHEN: Tuesday, November 4th - Wednesday, November 5th

DECEMBER

Save the Date! Past President's Dinner
WHEN: Tuesday, December 9th

For additional
information or to
register for these
events, click [here!](#)