

What inspired you to pursue a career in occupational safety and health, and how did you get started in the field?

While working as a civilian mechanical engineer for the Naval Nuclear Propulsion Program, I was offered the role of Environmental Health and Safety Manager at a naval training facility. I embraced the opportunity and quickly adapted through formal training and hands-on experience. I found the work especially fulfilling, as it allowed me to focus on influencing people to be safe, rather than machinery and piping systems.

Can you share a project or accomplishment you're particularly proud of in your safety career? What impact did it have?

During my 11+ years as Construction Safety
Officer at UMass Amherst, I developed the
construction safety program from the ground
up. Receiving appreciation from contractors
for prioritizing their safety has been especially
rewarding. I'm also proud of co-founding the
Annual OSHA Summer Summit in 2014 with
Dale Varney, OSHA Compliance Assistance
Specialist. This full-day professional
development event has grown significantly,
serving hundreds of safety professionals and
workers each year.

How has being a member of ASSP influenced your professional journey or contributed to your growth in the safety profession?

I've been an ASSP member for approximately 25 years, with continuous involvement over the past 19. Since 2011, I've held leadership roles including Chair of the Western Mass Section and President of the CT Valley Chapter. These experiences have enhanced my leadership skills and played a key role in advancing my career.

What advice would you give to someone just starting out in the safety field or considering joining ASSP?

I highly recommend getting involved with ASSP at the local level. It's an excellent way to grow professionally, expand your network, and gain valuable leadership experience.

LinkedIn

Contact Us

Chapter Website

NEWSLETTER

Issue 1 July 2025



INTRODUCING A NEW YEAR

Who We Are & What's to Come?

As a CT Valley ASSP member, you will elevate your career, gain knowledge, tools and resources to prevent worker injuries, illnesses and fatalities, help improve your company's performance, and become part of a vibrant community of more than 300 safety professionals working together for a safer, stronger future.

TAKE OUR SURVEY



Please take a moment to complete this **short survey** to help us make sure our chapter can deliver what you're looking for.

As a thank you, everyone who completes the survey will be entered into a draw to win a \$35 gift card to the ASSP store!



AUGUST

How Safety Leadership Reduces Cost & Increases

Profitability

WHERE: Virtual!

WHEN: Wednesday, Aug. 20, 12PM - 1PM

For additional information or to register for these events, click here!

SEPTEMBER

Walk Bridge Project Contruction Tour

WHERE: South Norwalk, CT

WHEN: Thursday, Sept. 18, 12PM - 2PM