



NEWSLETTER

August 2026

Upcoming Meetings:

August 19, 2026 - Inside the Mind: The Hidden Psychological Edge of the Most Successful Leaders

Presented by Ryan Bouda. Ryan is a leadership consultant, keynote speaker, executive coach, and founder of LEAP Training & Coaching, where he helps organizations build stronger leaders, healthier cultures, and higher-performing teams.

Session Description

Leadership challenges are often approached by focusing on external strategies, but sustainable leadership begins internally. This session introduces the Conscious Leadership Model, a practical framework that helps leaders recognize how their mindset, emotional state, and internal narratives influence their decision-making, communication, and leadership effectiveness.. The following concepts will be explored:

- Mastering Your State of Being
- Curating Your Library of Stories
- Applying Transformational Strategies

After attending this session, attendees will be able to:

- Identify the four common stress responses (fight, flight, freeze, and appease)
- Apply the Conscious Leadership Model
- Analyze internal narratives and replace limiting assumptions with Courageous Conclusions
- Utilize the Transformational Strategies framework to diagnose leadership roadblocks and develop practical action plans for improving execution and accountability.

[For additional information or to register for the August event, click here!](#)

September 2026:

Walk Bridge Project Construction Tour

Date & Time Coming Soon!

Location: 24 Marshall St., South Norwalk, CT

Join us for an exclusive, behind-the-scenes tour of the Walk Bridge Project, one of Connecticut's most significant infrastructure initiatives. This in-person event provides a unique opportunity to witness the construction progress, engineering techniques, and innovative solutions involved in replacing the historic Walk Railroad Bridge.

Don't miss this unique opportunity to:

- Go behind the scenes of one of Connecticut's most significant infrastructure projects
- Witness cutting-edge construction and safety practices in action
- Network with fellow safety professionals in a real-world setting

Summer Event Recap: OSHA Summer Summit

The CT Valley ASSP, in partnership with OSHA, the OSHA Training Institute at Keene State College, and UMass Amherst EHS, recently hosted over 275 environmental health and safety professionals from across the county at the 13th annual Occupational Safety and Health Administration (OSHA) Summer Summit. The event brought together safety professionals representing a wide range of industries, including higher education, construction, manufacturing, public utilities, water and sewer operations, municipal government, healthcare, environmental services and emergency response for a full day of training, instruction, and networking.

The summit featured an afternoon keynote presentation and 17 different breakout sessions, covering topics including storm cleanup and emergency response, safeguarding construction, alterations, and demolition from fire, noise basics, and numerous case studies. There was also the opportunity to explore the offerings of the sponsor organizations that support the OSHA Summer Summit.



Meet the CT Valley ASSP Board & Chapter Officers

President: Gabriella Gajowiak, CSP

President Elect: David Garner, CSP, CHMM

Vice President: Leah Rumore, CSP

Treasurer: Davide Roncari, CSP

Secretary: Kevin Galotti, CSP

Western Mass Section Chairperson: Rob Wallace, CSP

Communications/Newsletter: Bill Lorenzen, ASP

Membership: Marcia Walsh

Next Generation: Harold Rice

The Chapter Board and Officers have an exciting year of meetings, educational events, & community service projects planned for the Chapter and are excited to have you join us for the 2026 - 2027 year. If you have an idea for a future meeting idea, or would be willing to host a meeting please reach out to a board member. Additionally, you can help shape the future of the CT Valley chapter by taking our survey by clicking [here](#). **Anyone that completes the survey by August 15 will be entered to win a \$35 ASSP Gear Store e-gift card!**